

14 Henry Street,
Gympie QLD 4570
POSTAL ADDRESS:
PO Box 80,
Gympie 4570
Ph: (07) 5482 9091
littlehaven.org.au

Haven Happenings

Little Haven Palliative Care Newsletter

"To ease another's heartache is to forget one's own."

Abraham Lincoln



July -Sept 2023

LITTLE HAVEN WEEK 16TH — 23RD JULY 2023

Dear Little Haven Members,

It's that time of year when we come together to celebrate Little Haven Week. To focus our thoughts and gratitude on the families we cared for in the past year; to reflect on the work we do; and thank all involved, past and present, in maintaining Little Haven's mission and reputation in our community.

An important time to remember our humble beginnings, celebrate what we've become and look to a bigger future. Each and every one of us part of our proud history of going over and above to ease the burden for our palliative patients and their families.

I hope you can join us at one of the weeks activities; **The Gratitude Walk** this Sunday July 16th, **The Memorial Service** 2pm Sun 23rd or **The Volunteers BBQ at the Market Place** from 1pm Wed July 19th. **ALL WELCOME** Registrations for the Gratitude Walk are open online here or you can show your support by sponsoring one of the fundraising teams here. A big thank you to Glenda for taking on the Gratitude Walk coordination this year, that like our service - continues to grow and thrive. Thank you to all the fantastic businesses for their sponsorship (*Please support our Sponsors listed in ad below*) and the fundraising teams raising funds in memory of their loved ones. Your AMAZING support is very much appreciated!

In fact as we re negotiate our contract funding with Qhealth, your support means so much. It is so reassuring that the families we have cared for and our wider community understand and appreciate the work we do. It's why we'll keep fighting for appropriate funding to meet the communities needs, and why the board hasn't signed the ridiculous proposed contract which starts from

an unrealistic low base and provides no increase in funding for 5 years, despite the demonstrated history of continual growth, the projected population growth, the increased need and the insurmountable financial burden this places back on our community.

It's completely baffling that while Gympie Hospital is gasping for air, Queensland Health is actively trying to constrain a community service that has kept hundreds of people out of hospital beds.

This financial year Little Haven cared for 306 terminally ill people, providing access to 24/7 support IN THEIR HOMES. How many ambulances, Emergency visits, and hospital beds did that save?

We'll keep doing what we do ... Demonstrating how a compassionate community cares for their dying, working together to raise the funds needed to bridge the gap (\$700,000 last financial year). Funds raised through the amazing efforts of the Market Place volunteers; events like the Monster Book Sale; the goodwill of community donors; and service clubs like Lions and Rotary who held a fantastic Quilt and Craft Spectacular last weekend. While we wait for the Premier Annastacia Palaszczuk and Health Minister Shannon Fentiman to consider the question: Are your policy makers serving you well by choking the growth of a service that keeps Gympie residents OUT of ambulances, OUT of emergency departments, and OUT of hospital beds? Particularly given every \$ invested saves the health system (Tax payers) \$2.50 !!. And that's just the financial benefits - the societal benefits are priceless.

We won't be changing our proven cost effective, gold class community model, but we will continue to hold the Health department accountable for poor policy decisions.

Sue Manton CEO

Little Haven's
Gratitude Walk and Fun Run
Sunday 16th July, 2023
REGISTRATIONS FOR TEAMS AND INDIVIDUALS OPEN NOW!
www.gratitudewalk.com.au
Registrations from 8am, with the walk commencing at 9am, from the Sound Shell at Nelson Reserve
Supporting Little Haven Palliative Care Inc.
14 Henry St, Gympie Ph: 5482 9091

Logos include: DIRECT CHEMIST OUTLET, Discount Chemist, Confined Space Hire Services, GympieToday, GYMPIE AUTOGLASS, 4GY, THE GYMPIE CLINIC, riverdental, T&R PLUMBING & GAS FITTING, HAIR REVIEW, SULLIVAN LIVESTOCK & RURAL SERVICES, REGLEIS INSURANCE SERVICES, DORE & WEBB LAWYERS, EVOLVE ACCOUNTING & ADVICE, McDonald's, and HERRON TODD WHITE.

If you'd like to help Little Haven By Contacting the Premier or Health Minister

and urge them to consider the ripple effects of their policy departments decision which will put more strain back on the hospital system here are their contact details:

The Premier dpc@premiers.qld.gov.au | (07) 3719 7000

The Health Minister health@ministerial.qld.gov.au | (07) 3035 6100



Here are some potential talking points:

- **Emphasize the Impact of Little Haven:**** Highlight that Little Haven served 306 terminally ill people in their homes just last year. Stress how this not only brings immense relief to patients and their families, but also helps decongest the already overwhelmed hospital system by reducing QAS use, DEMs visits & hospital bed occupancy.
- **Highlight the Funding Issue:**** Discuss how despite the obvious benefits and successes of the program, Queensland Health is effectively reducing Little Haven's funding with the potential implications of this leading to hundreds of patients losing access to home-based palliative care.
- **Share the Bureaucrat's Response:**** Detail the response from the health department suggesting that patients who lose access to Little Haven's services would just have to go to the emergency department like everyone else. Explain why this is an inadequate solution, given the current capacity issues facing Gympie Hospital.
- **Request for Transparency in Funding:**** Advocate for the development of a transparent funding formula that considers growth in patient numbers, inflation, and other significant factors. Discuss how this would be fairer than an arbitrary, flat rate contract.
- **Value of Home-Based Palliative Care:**** Discuss the importance of home-based palliative care, not only for patient comfort and dignity but also as a practical solution to help alleviate pressure on overloaded hospital systems and the public perception Gympie hospital services have been downgraded. A real reduction in LH funding exacerbates that perception.
- **Community Support:**** Emphasize the local support and recognition Little Haven has received for its work. Use this as evidence of the community's understanding and appreciation of the service Little Haven provides. Suggest while QHealth seems to have a strategy of centralising some hospital services to major nodes e.g SCUH and Nambour, this model does not work for palliative care which requires a local, community-based response.

Thank you for your advocacy for our community x



MEMBERSHIPS REMINDER

Annual \$5 memberships are now due. Please contact the office to arrange payment.

HELPERS NEEDED

The Cooloola Debutante Ball Friday August 18th

- Catering (8)
- Wash Up (4)
- Bar Staff (4)

Please contact the Office to put your name on the roster.

THANK YOU VOLUNTEERS!!!

Great job again with the **2023 Monster Book Sale** Karen, Diana and everyone who helped make the weekend so successful. There was such a relaxed happy vibe amongst all the volunteers and so good to see so many books being rehomed and re enjoyed.

Funds Raised from the Book Sale; Total \$12055 being from sale of Books \$4500, Raffle \$3000, Craft \$3500, Plants \$600, BBQ \$450

All praise to our **Market Place volunteers** on the year they've had - it's incredible how busy that place has become, a constant hive of activity, reflected in the weekly sales currently sitting around \$10K A WEEK!! And that's in 2 1/2 days!! You work incredibly hard. Congratulations and thank you to all the team down there. Get well wishes to Jill - We need you ♥

We are always on the look out for new people to help out at the Market Place so if you know of anyone who may wish to give a few hours of their time PLEASE CALL GLENDA at the office on 54829091 to REGISTER FOR OUR NEXT VOLUNTEER TRAINING ON AUGUST 30th.

Lastly we had another busy weekend working at the **Rotary Quilt and Craft Spectacular**. What an amazing amount of work Rotarians undertake on behalf of our community. Little Haven ran the café with \$16,500 in takings and LH Craft Stall raising \$5,150. We will receive a donation from Rotary of a share of the funds raised in ticket sales also down the track. Kathy Kane and The Gympie Rotary club did a fantastic job running this ever growing event!

"Volunteering is the ultimate exercise in democracy. You vote in elections every few years, but when you volunteer, you vote every day about the kind of community you want to live in."

APRIL TO JUNE IN PICTURES



NATIONAL
VOLUNTEER
WEEK

Gympie South Lions Dinner



Community organisations raising funds on our behalf ... ♥



Kandanga Halls Biggest Morning Tea



Little Haven Nurses, Leanne, Gill, Christine & Meg take delivery of our latest vehicle. Our nurses cover a lot of kms, at all hours in all conditions. Having safe reliable cars and all new staff undertaking the Driver Education Training is essential in keeping them safe on the roads.



Our RN Kathy Sproxtton celebrated 50 years of Nursing!! Imagine that!! & QLD won The 2023 State of Origin Series !!

RN Cian and Social Work student Quinn joined our Team. Welcome!



Coffee from the best barista in town was a big hit at the Craft Spectacular



Valé Annette Pictured here with Mum Coral. You will be missed



"From the first time you walk in you are made feel welcome, offered a cuppa and seat to relax, for conversation to begin to see how they can help you. Nothing is too much trouble they are here to help you." Quote from Annette (R)

Little Haven's Honour Board - General Donations April - June 2023

Beatson, Jim	5,000
Buchanan, Jim	5,000
Cartwright, Jack	5,000
Cattle, A & R	350
Commonwealth Bank	500
Coster, Jeanette	52
Duniam, Shona	2,065
Edwards, Colin	300
Elliott, Elaine	50
Fletcher, D & A	4,000
Forrest, Katrina	1,000
Gale, Wayne	50
Harris, Fran	50
Henderson, Judy	5,000
Henwood, N & C	100
Horn, Sheila	50
James, Ed for Club 51	500
Kandanga Public Hall	
Every Day Club	1,215
King, I & L	200
Joy & Blain, Ian	400
Lions Club of Gympie Sth	2,000
Lions Club of Gympie Inc	1,000
MacGregor, Ian	100
Moynihan, Kate	256
Nahrung, Ralphine	100
O'Brien, Ann Maree	500
Parkinson, Sean	1,000
PineTech Timber Solutions	100
Powell, Bev	100
Quadrant	500
Richardson, Stephanie	1,000
Ried, Robyn	500
Roach, David	150
Robertson, Jane	250
Rogers, Dean	741
Ruescher, S A	2,000
The Thomas & Vera	
Condie Trust	10,000
Trichel, David	500
Tuckwell, Mr & Mrs	100
Welch, Merv	200
White, Chris	50
Various under \$50	

Your support
makes a big
difference



On behalf of Little Haven members we acknowledge the sad passing of Mr Jack Cartwright

Jack was a long term generous supporter of Little Havens work.

I will miss his visits to check on Little Haven's progress and provide his support and Annual donation.

Jack will be remembered as the quiet humble gentleman he was, who lived his faith and values every day of his life.

Our thoughts are with Denise and family.

Thank You to our regular givers

If you'd like to become a regular supporter of Little Haven's work contact the office on 5482 9091 or visit littlehaven.org.au

ALFORD, Ms Frances	HOSKING, Narelle	
BORASO, Wendy	KUBIK, Damien	
BROWN, Beverley	LICKERMAN, D	
COATES, Judith	MCAULAY, Lisa	
DART, Angela	MCDONALD, Kathryn	SAVORY, Ellie
FRICKE, A & B	MANTON, Clare	SMITH, Phil
GRUAR, N & D	MANTON, Sue	VINER, Sarah
HENSEL, R & M	SAUNDERS, Bronwyn	YOUNG, Geoff



We also acknowledge the sad passing of **Mr Bob Hensel**. Bob was well respected in this community for his good deeds, and along with wife Mert were regular givers to Little Haven. We are grateful for their years of support. ♥

LH Fundraising

APRIL - JUNE 2023

Raffles : Mothers Day & Book Sale \$ 10,327
 Container Refund Scheme: \$1,031
 Market Place : \$100,044
 Little Haven Small Change Tins \$1,374
 Craft \$3,049
 Book Sale : Books - \$6,213



Little Haven Memorial Service

**2pm Sunday July 23rd
 at THE SENIOR CITIZENS CENTRE
 Mellor Street, Gympie**

This is a special time of year for our service to come together and remember those who have died in our care in the past year with their families and friends. An opportunity to come together to express the grief that death brings, to remember the people they were and hopefully the gifts they left behind. A space for quiet reflection, acknowledgment of loss and consolidation of hope.

If you would like to attend The Memorial Service
Please RSVP to Little Haven 54829091 By July 20th

Thank you to the families who directed Beneficiary Donations to Little Haven in Memory of their loved ones ♥

Allen Cattle
 Don Coster
 Mary Gardner
 Ellen Gear
 Douglas Hodson
 Aileen Lumsden
 Barbara Treichel



Roy Henderson
 Melinda McConville
 Ian Pilgram
 David Stabb
 Damien Richardson
 Mick Worrad
 Alan Taylor
 Albert Tompkins

Respite Volunteers Please remember to text or call Lisa with your contact hours to the Respite Mobile **0477 298 120**

If you'd like to join our respite vol team call the office to register for our next volunteer Training Day on Aug 30th

DATE CLAIMER !! Little Haven will be holding a Dying to Know Day Community Education at the USC Campus on **Friday August 25th** - Watch this space!!

Topics Include: End of Life/ Palliative Care, Financial Planning, Funerals, Wills, EPOAs , Advance Health Directives , VAD ...